

To: All members via Branch Leaders/contacts, Deanery Chairs and other Diocesan contacts:

Dear friends,

A time for picnics and rest in the shade...

Last week, members gathered at the tranquil and picturesque location of St Michael's Church and Church Centre, Budbrooke for a Quiet Day.

I would like to thank Rev Mary and Dr Kal Rai for leading the Quiet Day and although the day started rather wet, the sun did make an appearance just in time for lunch. Another highlight was the aptly named 'Travelling with God' activity, where we mapped out and reflected on key moments of our spiritual journey. It is knowing that God is constantly working in our lives - even if our limited vision doesn't always allow us to see what He is doing behind the scenes – He sustains and guides us!

"You don't understand now what I am doing, but someday you will" (John 13:7)

I have also had the joy and privilege of travelling around the Diocese these last couple of months and would like to express my thanks, for the warm welcome I have received, whilst visiting branches, strawberry tea events, branch summer outing to Sezincote House and very recently, visiting the Festival of Hope at All Saints in Harbury, which was simply inspiring.

No doubt you will be travelling somewhere nice this summer and you may recall that I recently wrote to you about the Annual Gathering in Belfast. I now write with more exciting news – a visit to Frogmore House & Gardens this August. Do let me know if you are going so as we can arrange to meet up. Tickets are priced at £10 and under-fives go free.

Visit Frogmore House & Gardens on Wed 31st August

By the gracious permission of Her Majesty The Queen in her Platinum Jubilee year, Frogmore House and Gardens, Windsor Home Park, will be open to the public in aid of Mothers' Union this year.

This is an exceptionally rare opportunity to visit and enjoy the 35-acre gardens at Frogmore, open to public for three charity open days each year. A limited number of tickets are available for this experience, you are invited to bring a picnic and make a day of it!

[To purchase tickets please use this link:](#)

<https://www.eventbrite.co.uk/e/visit-frogmore-house-gardens-this-august-tickets-352563345457?utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=listing&utm-source=cp&aff=escb>

Hurry, tickets are selling out fast!

Diocesan President: Karen Morris

☎ 07952 542776

✉ Karen.Morris@coventry.anglican.org

Prayer request please for the 'Re-imagining Mothers' Union' conference

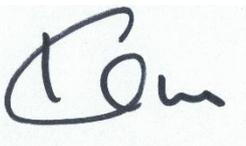
The 'Re-imagining Mothers' Union' conference is due to take place **this Friday to Sunday** with delegates from dioceses across Britain and Ireland. This is an important event in the life of Mothers' Union, and the central leadership team is asking for as many members as possible to pray for all those involved in the conference, both in advance of the conference and during the weekend itself.

I am extremely grateful to Catherine and Rosie for agreeing to represent our Diocese. I am very excited about the contribution that they will make and the workshops they will be involved in. Thank you for continuing to pray for Catherine and Rosie, as they prepare for the conference and get ready to share their ideas and vision for Mothers' Union, moving forward. May all those who gather, be open to and rely on the mighty power of the Holy Spirit as words are spoken and passions shared. Attached is a prayer, sent by Mary Sumner House, specially written for the conference.

Now for a final treat – enclosed is **Jenny Barton's Indoor Members' Reflection**. This month Jenny writes about the importance of listening and listening is a key skillset that is interwoven within our MU parenting sessions. Interestingly research has shown that when a parent actively listens to their child, it makes the child more likely to listen to their parent. Therefore, when children feel listened to, they are more likely to listen, and having been understood, they will understand their parent's point of view too. It enriches the parent and child bond/relationships and boosts their child's self-esteem. Do get in touch, if you or someone you know, would like information about our parenting programmes.

Wishing you all a blessed summer with much rest and relaxation.

With my love and best wishes,



Karen