

Knitted Prayer Squares

Do you know someone who would welcome this gift both to help them pray – and to know that someone is praying for them? The squares are simple to knit using this pattern. They should be made using new clean yarn.

Pattern

Using 4mm needles and DK yarn (each square takes approx 6g of yarn)

Cast on 23 sts.

Row 1 – Row 4: Knit

Row 5: K2, p19, k2

Row 6 (and every other even row): Knit

Rows 7, 9, 11, 13 and 15: K2, p8, k3, p8, k2

Row 17, 19 and 21: K2, p4, k11, p4, k2

Row 23 and 25: K2, p8, k3, p8, k2

Row 27: K2, p19, k2

Row 28 – Row 31: Knit

Cast off and sew in ends

To create a neat selvedge: work to the last st on every row, bring yarn to front and slip last stitch

